

# Redefining success:

excellence that lasts a lifetime

At NAE, top academic performance is enabled by wellbeing—so success is sustained.

*When students feel safe, supported and confident, they are far better equipped to think deeply, take intellectual risks, and achieve at the highest level.*

Dr. Kate Erricker,  
Group Head of Education Research  
Nord Anglia Education

Success isn't just about...



making the first team



being the best



being top of the class

it's about...



having the confidence to take on any challenge.



loving what you learn.



growing, collaborating & enjoying the journey.



## Why Wellbeing Matters for Academic Success - Backed by research

Wellbeing today predicts academic success tomorrow — students with higher wellbeing achieve stronger results just **7–8 months later**.

Children with higher wellbeing achieve more now and in the future, with stronger focus, engagement, and long term **academic success**


Emotional wellbeing in childhood is a powerful predictor of future success.

Students **thrive** when they feel safe, supported, and confident — leading to higher achievement, stronger engagement, and sustained academic success.

Wellbeing builds the skills that universities and employers **value most:**

 resilience

 adaptability

 leadership

 creative thinking

### References

1. Cárdenas, Lattimore, Steinberg & Reynolds (2022) – Youth well-being predicts later academic success.
2. Education Endowment Foundation (2021) – SEL improves learning, behaviour, engagement
3. What Works Wellbeing (2024) – Origins of Happiness: new research
4. Gov Report / Cárdenas et al. (2022) / EEF (2021)
5. World Economic Forum (2023) – Future of Jobs Report – Skills Outlook

## From classroom to career

At Nord Anglia, academic excellence and wellbeing work together to build the skills universities and employers value most. Confidence, resilience, adaptability, and creative thinking help our students stand out — and thrive in whatever path they choose.

Discover how we prepare students for life, **not just exams**

